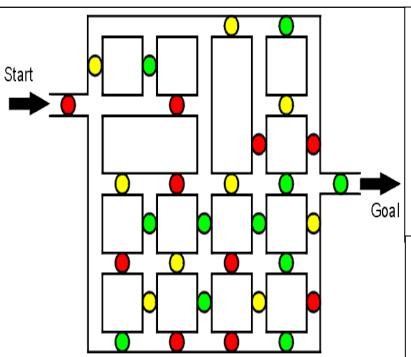


We have the school's 130<sup>th</sup> anniversary<sup>1</sup> ceremony<sup>2</sup> this Saturday. That's a long time. Can you imagine what Hokkaido and Sapporo were like 130 years ago? Japanese people had only been living here for a few decades<sup>3</sup> by then. The city was still mostly a farming community<sup>4</sup>. Have you been to see the clock tower in the center of Sapporo? Tourists are always disappointed<sup>5</sup> by how small it is, but it isn't. Compared to<sup>6</sup> modern buildings it is tiny<sup>7</sup>, but, when it was built, it was the tallest building for miles around. That was the Sapporo Sara Clara Smith came to.

#### Something You Didn't Know (Bicycles)

- 1. The bicycle is one of the most efficient<sup>8</sup> inventions in the history of mankind<sup>9</sup>. 1 liter of gasoline contains about 7,500 calories. If a person could drink gasoline, then a person could ride about 360 km per<sup>10</sup> liter. It would probably taste pretty disgusting<sup>11</sup>, though.
- 2. The world's fastest bicycle was custom designed<sup>12</sup> for 151 billion yen, took four years to make, has a theoretical<sup>13</sup> top speed of 400 kmph and has such a high gear ratio<sup>14</sup> that it can travel 45m for every turn of the pedals.
- 3. The Japanese invaded<sup>15</sup> most of Malaysia and southern Asia in the Second World War by riding bicycles. Bicycles were fast, quiet, light, easy to fix and could go over almost any terrain<sup>16</sup>.
- 4. Paved roads<sup>17</sup> became common because of bicycles. Cars could easily drive over cobblestones<sup>18</sup>, but bicycles could not.



You must go red-green-yellow, red-green-yellow, etc.



## Announcements

Sports day is on Wednesday at Maruyama Stadium. Friday: Lesson 1 – assembly, 2 – Big clean, 3+4 – Long Home Room. We have the 130<sup>th</sup> anniversary assembly on Saturday.

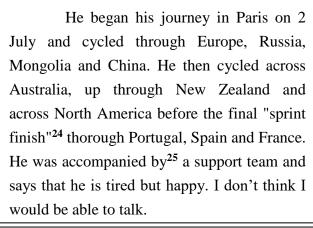
#### **Cyclist Breaks Round The World Record**

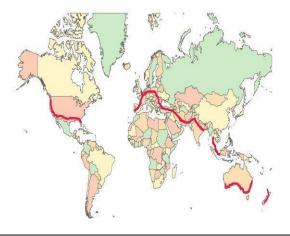
Last week, Mark Beaumont, a cyclist from Britain, arrived in Paris. He had cycled a total of 29,000km in 79 days. That means he cycled an average<sup>19</sup> of 386km a day. To give you an idea of how far that is, it is 310km from here to Hakodate! He was on his bicycle for 16 hours a day and he only slept for about five hours. The mental and physical strain<sup>20</sup> must have been unbearable<sup>21</sup>.





This is the second time he has completed<sup>22</sup> the ride, as if once wasn't enough for any human being<sup>23</sup>. He completed it in 180 days in 2008. His record was then broken by someone who rode it in 100 days. So, there was nothing for him to do but cycle faster. Which he did. I wonder who will break this record. I think I will try. Today's Friday. I think I'll leave after school and be back by Sunday.





1.Anniversary 記念 2.Ceremony 式 3.Decade 10 年間 4.Farming community 農村 5.Disappointed がっかりする 6.Compared to~に比べると 7.Tiny 小さい 8.Efficient 効率の良い 9.Mankind 人類 10.per~につき 11.Disgusting まずい 12.Custom designed 特注設計の 13.Theoretical 理論的な 14.Gear ratio 歯車比 15.Invade 侵攻する 16.Terrain 地域 17.Paved road 舗装道路 18.Cobblestones 丸石 19.Average 平均 20.Strain 緊張 21.Unbearable 耐えられない 22.Complete 完成する 23.Human being 人間 24.Sprint finish ラストスパート 25.Accompanied by~に付き添われる



Hello everyone! The first semester finishes this week. That means that half of the school year is over. Time flies, doesn't it? It's short, but I hope everyone has a safe and fun-filled autumn vacation. Let's give the second semester everything we've got! - Krystal





Do you have questions about English? Do you need some advice about a problem in your life? If so, put your questions in the pink envelope near the English Board on the 2nd floor. Write "Dear Krystal" on your question. Anything is ok, and you can remain anonymous.

#### Dear Krystal,

My best friend is a flake<sup>2</sup>. We make plans to meet somewhere on the weekend, but she is often very late, or she cancels last minute<sup>3</sup>. It's so frustrating<sup>4</sup>! But I really love my best friend and want to hang out with her! What should I do?

#### Answer:

There are a few reasons why people flake on others. She might actually be an introvert<sup>5</sup> who prefers spending time at home. She might be very busy. She might not have good time management skills. Or maybe she doesn't value the friendship as much as you do. If she doesn't like going out, try spending time with her at home. If she's busy, try to be patient and let her make plans when it's convenient for her. If she's always late, don't wait for her and she will learn she has to be on time to see you. And If she doesn't value the friendship, let her go.★





# Tuesday Movie @ 16:30

### **Ever After: A Cinderella Story**

Ever After: A Cinderella Story is a romantic historical fiction based on the fairy tale, Cinderella. It takes place in 16th century France. The main character, Danielle, lives a hard life with her evil step-mother and two step-sisters. She meets the handsome Prince Henry, who is unhappily engaged to the Spanish princess, Gabriella. Will Danielle and Prince Henry find true love together? Find out on Tuesday at 16:30 in the English Lounge!



# 🜟 English Speaking Celebrities 🌟



**Lady Gaga** is an American singer and songwriter. She was born as Stefani Joanne Angelina Germanotta on March 28, 1986 in New York City. She is from an Italian-American family and attended a private, all-girls Catholic school. She started playing the piano when she was four years old, and starred in many school musicals. She studied music at New York University, but dropped out9 to pursue her music career. Her debut album, The Fame, was released in 2008. Her hit single, Poker Face, made her famous all over the world. Her second album, The Fame Monster, was released in 2009. The music video for her song, Bad Romance, became the first video on YouTube to reach one billion views. She released three more albums, Artpop (2013), Cheek to Cheek (2014), and Joanne (2016). She is one of the best-selling artists of all time. She is not only known for her music, but also for her philanthropy<sup>10</sup> and social activism<sup>11</sup>. She raised \$1.5 million for the victims of the Tohoku earthquake and tsunami in 2011, and fights for LGBT<sup>12</sup> rights and to end bullying. She is also a fashion icon. She suffers from a condition<sup>13</sup> called fibromyalgia<sup>14</sup>, and recently has had to cancel concerts due to pain.





Aries Aries March 21-April 19	Taurus April 20-May 20	<b>Gemin</b> i 🛕 May 21-June 20
You have much creativity this week.	You should read a good book this	Be patient and avoid confrontation
Write a story or draw some pictures.	week.	this week.
Cancer 5 June 21-July 22	Leo July 23-Aug 22	Virgo Aug 23-Sept 22
You will feel a lot of stress this week.	Keep news to yourself until everything	Spend your money wisely this week.
Talk to a friend to relax.	is confirmed this week.	You don't need anything lavish <sup>15</sup> .
Libra Sept 23-Oct 22	Scorpio Cot 23-Nov 21	Sagittarius Nov22-Dec 21
You have a lot of energy this week.	Spend as much time by yourself as	You're ready to make a change this
Why don't you try something new?	possible this week.	week. Do your best!
Capricorn Dec 22-Jan 19	Aquarius San 20-Feb 18	Pisces Feb 19-March 20
Spend some extra time on your	You should treat yourself to	You will have lots of self-confidence
appearance this week.	something nice this week.	this week.

**New words:** 1. semester 学期 2. flake ドタキャンをよくする人 3. last minute ぎりぎり 4. frustrating いらいらさせる 5. introvert 内向的な人 6. patient 他人に寛容である 7. historical fiction 歴史小説 (映画) 8. star in 主演する 9. drop out 退 学する 10. philanthropy 慈善活動 11. social activism 社会貢献活動 12. LGBT 女性同性愛者 (レズビアン、Lesbian)、男性同性 愛者(ゲイ、Gay)、両性愛者(バイセクシュアル、Bisexual)、トランスジェンダー(Transgender) 13. condition 病気 14. fibromyalqia 全身の骨格筋に激しい痛みやこわばりが生じるリウマチ性疾患 15. lavish 豪華な