

6/19/2023 (#9 this year)

Did you go to Nakajima Park Festival last week? My daughter went with her friend. It was the first time she went to a festival on her own¹ and she had a lot of fun. She said that it was very crowded. I saw on the news how many people were there and it was crazy. I saw some Hokusei students on the news as well. Ha ha. It's great that you have fun with your friends. It's good that people can see you uniform and see how happy you are. The thing I love most about this school is how happy all of the students are. I know that you are not happy all of the time, but, generally², we have a lot of fun every day. I want more people to see that.





10 differences



Something you didn't know about the Amazon Rainforest:

- 1. The Amazon Rainforest is 6.7 million km2, and it covers 8 different countries.
- 2. 10% of all the animal, insect, and plant species in the world live there.
- 3. There are indigenous tribes³ living in the rainforest that still haven't been discovered. The rainforest is so thick that they have had no contact with modern people.
- 4. 17% of the rainforest has been cut down so far. An area the size of 5 football pitches is cut down every day.
- 5. A lot of the cleared land is used to graze cattle⁴. There are approximately 300 million cows being farmed in the Amazon rainforest.

Laterina – 4 Children Found in the Amazon Rainforest

Last week, rescuers found 4 children who had been lost in the Amazon rainforest for 40 days. They are 13, 9, 4, and 1 years old. They were flying in a plane with their mother, the pilot, and one other man when the plane's engine stopped and it crashed in the forest. The two men died straight away, but the mother and the children survived⁵. The mother was badly injured. After 4 days, the mother told her children to leave her and try to find their own way back. The children took what little food was on the plane and headed into the jungle. Rescuers found the plane and the bodies of the adults 16 days later but they couldn't find the children. They started to search, but the Amazon rainforest is so thick that it is very difficult to follow any trails⁶. They found the children after 40 days but their helicopter couldn't land, so they had to winch⁷ them up. The children were dehydrated and very thin, but alive. They were



able to eat seeds and small fruits they found. They drank water when the found it and made shelters⁸. The children are from an indigenous tribe and they are taught about the rainforest from a very early age. This knowledge probably saved their lives. Many people get lost in the Amazon rainforest because it is so thick that it is very difficult to know where you are. Also, even though it is a forest, there is not a lot of food to find easily. Thanks to the children's upbringing⁹, they were able to find enough food to keep themselves alive for long enough to be rescued.

1.on her own 一人で 2.generally 大まかに 3.indigenous tribe 土着の部族 4.graze cattle 牛[蓄牛]を放牧する 5.survive 生き残る 6.trail 一続きのもの 7.winch 巻き上げる 8.shelter 避難所 9.upbringing しつけ





World record

How many pull ups¹ can you do? I think, if I try really hard, I might be able to do 4. Haha. Do you know what the world record for pull ups in 24 hours is? In November of 2022, an Australian man called Jaxon Italiano did 8,008 pull ups in 24 hours! That's incredible! That means he did 5.56 pull ups every minute! And, do you know what the world record for pull ups in one minute is? 74. Hong Zhongtao from China managed to do 74 pull ups in one minute in China in 2020? Wow. Here's one more pull up world record. Kenta Adachi has the world record for the most consecutive² pull ups. In March of 2022, he was able to do 651 pull ups without stopping! These people are superhuman³. Kenta said that in a fitness test in 2007 he could only do 12 pull ups, so he started to practice. His practice has paid off⁴.



Be so happy that, when other people look at you, they become happy too. -

Anonymous⁵

An invention – the Band-Aid

When was the last time you cut yourself? Did you use a Band-Aid? My daughter uses a Band-Aid even if she only grazes⁶ herself. It makes her feel better. The Band-Aid was invented in 1920. They were invented by Earle Dickson who was working for Johnson & Johnson. He was a cotton buyer for the company and his wife, Josephine, often cut and



burned herself while she was cooking. Dickson wanted to help her. He had



lots of cotton, so he made a cotton gauze⁷, but when he put the cotton gauze on her cuts, it fell off. He cut out squares of gauze and fixed them to a roll of tape he had lying around. His wife could apply them herself. He took

the idea to his bosses at Johnson & Johnson. They liked it, called them Band-Aids and started to make handmade band-aids. They were very big and had to be cut with scissors before people could use them. They weren't very popular. In 1924, the made a machine to mass-produce Band-Aids. They became more popular and in 1932 the invented a waterproof⁸ Band-Aid. Sales were rising, but the Second World War put them on the map⁹. Johnson & Johnson shipped millions of Band-Aids to the American soldiers fighting in

the war. After that, Band-Aids were so popular that the J & J word "Band-Aid" became the name for the product. These days, many different companies make them, but J&J have sold over 100 billion of them.





1.Pull up 懸垂 2.consecutive 連続 3.superhuman 超人間的な 4.__ paid off 報われる 5.anonymous 無名な 6.graze 釣り傷 7.gauze ガーゼ 8.waterproof 防水 9.put ___ on the map~をゆう目にする